



LEVERAGE YOUR CORE VALUES



Uncover Your Core Values

Your values are unique to you, they intrinsic to who you are. They define what you want in your life, what brings you joy, and what brings frustration. By aligning your business with your values and referring to them when making decisions, your business will resonate with ideal clients..

- | | |
|----------|-----------|
| 1. _____ | 6. _____ |
| 2. _____ | 7. _____ |
| 3. _____ | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ |



Uncover Your Core Values

Great work! Now post these words all around you. Put them in your office, on the refrigerator, in your day planner, in your car and on your computer monitor. Check in with yourself when you are feeling joy. What value is being honored? When you are frustrated or unhappy, ask yourself what value is not being honored? When you make decisions that honor your values, life becomes very easy.

What one or two values might be the core for you?

1. _____ 2. _____

What four values support your one core?

1. _____ 3. _____
2. _____ 4. _____

Play with this until it becomes clear. You are on your way to identifying your Money Spot. It all starts with your core values.



Uncover Your Core Values

Great work! Now post these words all around you. Put them in your office, on the refrigerator, in your day planner, in your car and on your computer monitor. Check in with yourself when you are feeling joy. What value is being honored? When you are frustrated or unhappy, ask yourself what value is not being honored? When you make decisions that honor your values, life becomes very easy.

I help _____ experience _____
through _____ so they can _____
and _____.



Values List

- Accomplishments/Results
- Personal Power
- Achievement
- Privacy/Solitude
- Adventure/Excitement
- Recognition
- Balance
- Risk Taking
- Clarity
- Romance/Magic
- Commitment
- Security
- Community
- Self Expression
- Completion
- Learning
- Connecting/Bonding
- Honesty
- Orderliness/accuracy
- Humor
- Organization
- Health
- Nature
- Integrity
- Partnership
- Intimacy
- Joy
- Independence
- Service/Contribution
- Compassion
- Spirituality
- Creativity
- Trust
- Emotional Health
- Vitality
- Environment
- Leadership
- Loyalty
- Freedom
- Openness
- Fulfillment
- Personal Growth
- Fun
- Mastery/Excellence

